

# How to Refer Patients to Quitline for Cessation Support via the Medtech PMS

The quickest and easiest way to ensure your patient gets the best support to quit

With the patient record open in Medtech32, you can access the Quitline referral form by going to the 'ManageMyHealth' menu and selecting 'Launch Quitline Referral'. Note, all users have access to the 'ManageMyHealth' menu. This is free and does not require you to subscribe to 'ManageMyHealth'. The referral form takes a few seconds to complete.



Patient information will pre-populate from Medtech32. This will also automate the smoking cessation Read Codes @ZPSB.10 and @ZPSC.10. Please ensure that the Patient contact details are correct and you have indicated if Quitline can leave a message. If the patient is pregnant, click the check box to indicate this.

Click on the 'Submit' button to electronically send the referral directly to Quitline.

An acknowledgement of receipt of referral will be sent in return.

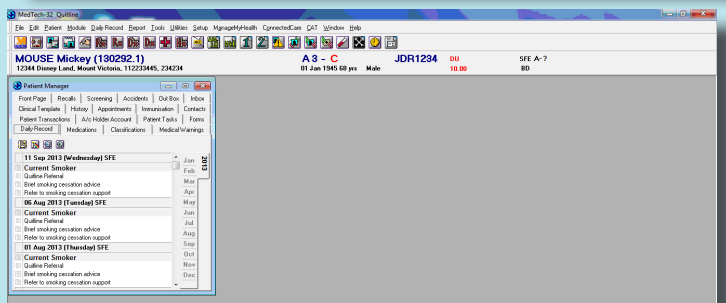
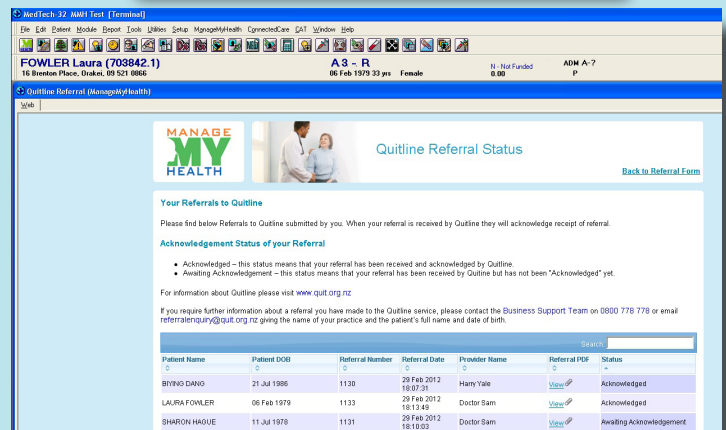
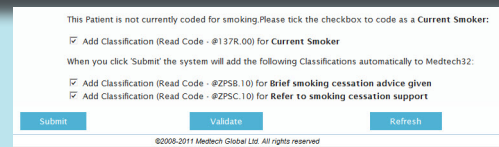
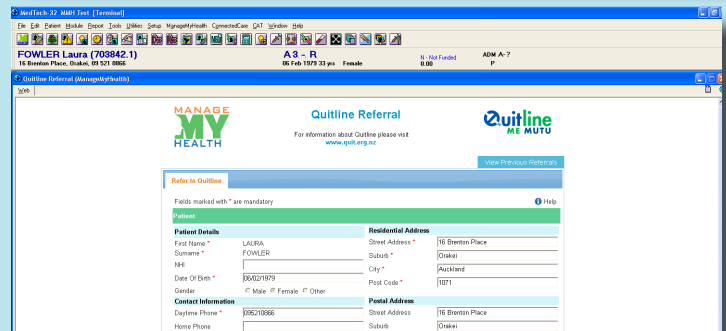
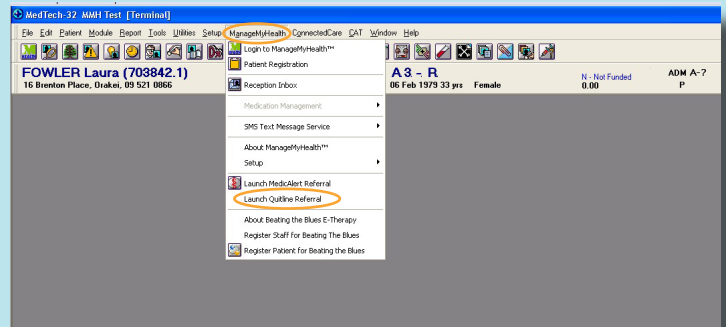


You can check the status of your referral by going into 'Connected Care' and selecting 'View Referral Status'.

Quitline will contact patients within 3 working days of receipt of the referral and offer them our 3 month treatment programme, incorporating our phone, online and text services.



You will receive referral feedback reporting into your inbox. This feedback information includes the patient's contact status and their 4 week and 3 month quit status which records automatically for the health targets.



The referral form is available to all practices using Medtech32 version 19.14 or later

For more information about Quitline visit [www.quit.org.nz](http://www.quit.org.nz)  
For information about a referral you have made, contact the Business Support team on 0508 555 010 or email [referralquery@quit.org.nz](mailto:referralquery@quit.org.nz)



# QUITLINE SERVICES AT A GLANCE



**Quitline:** Quitline Advisors offer free advice and non-judgmental support to help your patient quit smoking. Call backs are also scheduled. Phonelines are open 8am-9:30pm weekdays and 10am-7:30pm Sundays.  
0800 778 778



**Quit Blogs:** Patients can join the blog community and get support from others who are also quitting smoking.  
[www.quit.org.nz/blog](http://www.quit.org.nz/blog)



**Quit Stats:** They can see how much money they're saving with their very own real-time Quit Stats.  
[www.quit.org.nz](http://www.quit.org.nz)



**Txt2Quit:** Patients can join Txt2Quit and we'll send them quitting tips and support straight to their mobile phone.  
[www.quit.org.nz](http://www.quit.org.nz)



**Quit Plan:** They can create their own Quit Plan to help them on their quitting journey. They can follow the steps online or talk to an advisor on the phone.  
[www.quit.org.nz](http://www.quit.org.nz) or 0800 778 778



**Nicotine patches, gum and lozenges:** Patients can order subsidised Nicotine Replacement Therapy over the phone and online.  
[www.quit.org.nz](http://www.quit.org.nz) or 0800 778 778

## REFERRING TO QUITLINE

Referring patients to Quitline via the Medtech system offers a quick and effective way of ensuring your patient gets expert smoking cessation support. Quitline services are free, and patients can access them via telephone, text or online. Research shows that people who use Quitline are five times more likely to successfully quit smoking than those who quit alone.

- Quitline is a free national service with proven efficacy (24.2% of clients remain quit at 6 months)
- Quitline advisors work with smokers to create a quit smoking plan
- Patients can receive extra support through a text messaging system
- Patients can also order subsidised Nicotine Replacement Therapy over the phone and online
- Quitline phones are open 8am-9:30pm weekdays and 10am-7:30pm Sundays.
- The online service and blog community is accessible 24/7 at [www.quit.org.nz](http://www.quit.org.nz)
- Quitline systematically offers patients a referral to a face to face provider in their community