

STEP 1: Go to [www.healthed.govt.nz](http://www.healthed.govt.nz) and find the resource you would like to order. All Quitline resources are under 'Smokefree'. Click on the resource title.

The screenshot shows the HealthEd website interface. At the top, there is a navigation bar with links for 'About HealthEd', 'Contact us', 'Keep up to date', 'Login', 'Help', and 'My Order 0 items'. Below this is the HealthEd logo and the tagline 'Helping New Zealanders stay well Brought to you by the Ministry of Health'. A search bar is located on the right side of the header.

The main content area features a breadcrumb trail: 'Home > Information for staying well > Health resource search > News > What's happening'. Below this is a 'Kia Ora - Welcome' section with text describing the website as a catalogue of free health resources. To the right of this text is a 'Search resources' form with the following fields:

- Keyword or resource code: [text input]
- Health topic: [dropdown menu with 'Smokefree' selected and circled in red]
- Preferred language: [dropdown menu with 'Select language' selected]
- Resource format: [dropdown menu with 'Select format' selected]
- [Submit button]

At the bottom of the page, there is a 'Featured resources' section. On the left, there is a sidebar with 'Information for Staying Well' and a list of categories including 'Child health' and 'Diabetes'. The featured resources include 'Search all resources', 'Infectious diseases', and 'The Quit Book: Beating'.

STEP 2: Once you've found the resource, enter the number of copies you'd like to order in the box and select 'Add to my order'

The Quit Book: Beating the Smoking Addiction ▶

For people who have made the decision to give up cigarettes and deal with their addiction to nicotine by quitting smoking. To be used only in smoking cessation programmes.

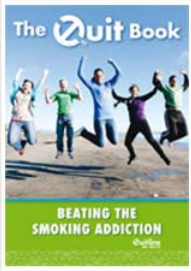
**Topics:** Information and support

**HE Code:** HE10106

**Language:** English

**Format:** Booklet A5

**Date published:** 13 January 2010



**Order hard copy:** FREE | Quantity:  [Add to my order](#)

« first < previous 1 2 3 4 5 6 next > last »

STEP 3: Click on 'My Order' in the top right-hand corner of the page.

The screenshot shows the HealthEd website interface. At the top, a green navigation bar contains links for 'About HealthEd', 'Contact us', 'Keep up to date', 'Login', and 'Help'. The 'My Order 10 items' link, accompanied by a shopping cart icon, is circled in red. Below the navigation bar is the HealthEd logo and tagline: 'Helping New Zealanders stay well Brought to you by the Ministry of Health'. A search bar is located to the right of the logo. A breadcrumb trail reads: 'Home > Information for staying well > Health resource search > News > What's happening'. The main content area features a sidebar on the left with a list of health topics under the heading 'Information for staying well'. The main content area displays the title 'The Quit Book: Beating the Smoking Addiction' and a message: 'The Quit Book added to your cart.' Below this, it shows the revision date (September 2011), HE Code (HE10106), and Topics (Information and support). A thumbnail image of the book cover is shown. A green button labeled 'Download the pdf:' is visible, with the file name 'HE10106.pdf - PDF 2.42 MB' and a PDF icon below it.

STEP 4: Review the order and select 'Checkout' once you are happy with it.

The screenshot shows the HealthEd website's shopping cart interface. At the top, there is a navigation bar with links for 'About HealthEd', 'Contact us', 'Keep up to date', 'Login', 'Help', and 'My Order 10 items'. Below this is the HealthEd logo and tagline: 'Helping New Zealanders stay well Brought to you by the Ministry of Health'. A search bar is located on the right side of the header.

The main content area features a breadcrumb trail: 'Home > Information for staying well > Health resource search > News > What's happening'. Below this is a green decorative bar.

The 'My order' section is the primary focus. It contains a table with the following columns: 'Resource title', 'HE Code', 'Language', 'Format', 'Quantity', and 'Remove'. The table lists one item: 'The Quit Book: Beating the Smoking Addiction' with HE Code 'HE10106', Language 'English', Format 'Booklet A5', and a quantity of '10'. A 'Remove' link is provided for this item. Below the table, it states 'Total: FREE'.

At the bottom of the order summary, there are two buttons: 'Checkout' and 'Update my order'. The 'Checkout' button is highlighted with a red oval.

Below the order summary, there is a section titled 'Need help ordering?' with a sub-section 'Choosing resources item by item' and a list of three instructions:

1. For almost all resources on this site, you can choose to view and read the content online or view and download a printable PDF.
2. If you wish to receive a free hard copy of the actual resource, you can do so by browsing the resource details of a particular item and clicking the 'Add to Order' button to add it to your order. You will receive a message to confirm the item has been added.
3. You can continue searching by selecting a new health topic in the left navigation or defining a new keyword search, and add further items to your order as

STEP 5: If you have ordered from the HealthEd website before, enter your account details. If this is the first time you are using the HealthEd website you will now be prompted to create an account

About HealthEd Contact us Keep up to date Login Help My Order 10 items

**HealthEd** Helping New Zealanders stay well  
Brought to you by the Ministry of Health

Type your search query here Search

Home > Information for staying well > Health resource search > News > What's happening

My order

*Already have an account?*

Please enter your account details into the form below

Username - required

Password - required

Forgotten password?

Continue

**Create a new account**

If you are new to the site and don't already have an account

Create account

STEP 6: You will then be automatically directed back to your order. Check your order and delivery details are correct and select 'Continue to next step' and then to 'submit order'

Home • Information for staying well • Health resource search • News • What's happening

---

My order

## Checkout

---

Resource title	HE Code	Language	Format	Quantity
The Quit Book	HE10106	English	Booklet A5	10

Total: FREE

---

### Billing information

**Email** – *required*

**Full name** – *required*

**Delivery instructions**

**Organisation**

#### Orders outside NZ?

You are welcome to view and download material from HealthEd and may register to receive updates. However, we are unable to accept overseas orders via this site. Note: please also refer to our copyright page.

STEP 7: You have now completed the process.

The screenshot shows the HealthEd website interface. At the top, there is a navigation bar with links for 'About HealthEd', 'Contact us', 'Keep up to date', 'Login', 'Help', and 'My Order 0 items'. Below this is the HealthEd logo and tagline: 'Helping New Zealanders stay well Brought to you by the Ministry of Health'. A search bar is located to the right of the logo. A breadcrumb trail reads: 'Home > Information for staying well > Health resource search > News > What's happening'. The main content area displays 'My order' followed by the heading 'Checkout complete' and the message: 'Thank you. Your order has been processed. Your order is number 7066. Return to the front page.'